

# Matters of Memory Talks/Forums

## For those with Dementia or Alzheimer's, their carers or those interested.



Talks at Sonning Common Health Centre, **upstairs** in the Palmer room. Two short talks per session to help and advise those with Dementia and their carers, then an hour or so for your questions. Tea, coffee, cake and biscuits will follow.

Booking essential, forms are available from entrance lobby at Sonning Common Health Centre or the SCHC website <http://www.sonningcommonhealthcentre.co.uk/> or email [schcpgg@gmail.com](mailto:schcpgg@gmail.com).

**If you are unable to attend please call Sue on 0118 9722700.**

The sessions will start at 2pm and finish about 4 pm

**CHANGE OF SPEAKER for 26<sup>th</sup> March, No longer from Abbeycrest Care Home**

### **2. Tuesday 26<sup>th</sup> March 2019**

Nicky Vernede a Dietician from Oxford Health and an Outreach Team worker from **Carers Oxfordshire** giving advice and support for carers.

### **3. Tuesday 30<sup>th</sup> April 2019**

Esther Ramsay-Jones from Sue Ryder and Rose Elliot an Admiral Nurse from The Orders of St John Care Trust.

